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2026 Women in Construction: Janet DelPozzo, Resolution Real Estate



*Janet DelPozzo
Building Services Director
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What emerging challenge or opportunity do you see shaping the construction industry in the next few years, and how are you preparing for it?

Among the emerging forces impacting our industry are the transformation of technology and added sustainability pressures, including the rise of AI, digital tools and environmental criteria. These trends are creating challenges and new opportunities for firms, workers and the broader market. Environmental sustainability is no longer optional. Evolving regulations now require comprehensive tracking of embodied carbon, waste diversion, electrification, and low-carbon materials on projects. The industry is responding with greater investments in training and workforce development initiatives.

What is one piece of advice or perspective you would share with women beginning their careers in the construction industry?

Own your seat at the table early! You don't need to wait until you know everything or sound like everyone else to feel like you belong in construction. Ask questions, speak up, and trust that learning on the job is the best teacher. Competence is built through experience, not perfection. Also, find good mentors who respect your work and push you forward. Set boundaries with confidence, not apology. And remember: your perspective isn't a "diversity add," it's a professional advantage in an industry that desperately needs new ways of thinking and a woman's point of view.

What habit or routine helps you stay focused or motivated during a busy week?

I pause before the next task. I evaluate what needs my immediate attention and write down the top three priorities.